



OCTOBER

Sligo Elementary School Breakfast Menu

Students may choose one of the following instead of the main entrée:

Assorted Cereal
Cereal Bars
Elf Grahams

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Frudel	2 Breakfast Pizza
5 Mini Filled Bagels	6 Snack n Waffles	7 Dunkin Sticks	8 Mini Cinnis	9 ALF Day School Closed
12 Donut Holes	13 Assorted Pop Tarts	14 Mini Pancakes	15 Funnel Cake	16 Soft Pretzel with Cheese
19 Churros	20 Pancake and Sausage Stick	21 Mini French Toast	22 Frudel	23 Breakfast Pizza
26 Mini Filled Bagels	27 Snack n Waffles	28 Dunkin Sticks	29 Mini Cinnis	30 Soft Pretzel with Cheese

Students may choose one of the daily entrée choices which includes the protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables and milk. Students must choose at least 3 of 5 menu components to make a complete meal, one of which must be a fruit or vegetable. Menus are subject to change.

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